**This document is a reference for monthly risk-based and OSHA required training topics to provide to your employees.**

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| *Month* | *Training topic* | *Related Resources* |
| *January* | **Weekly Safety Talks:**  Personal Protective Equipment  Emergency Planning  Driving  Narrow Frame Scaffold | * [Personal Protective Equipment Safety Talk](https://www.compsourcemutual.com/resources/safety-library/personal-protective-equipment-2/) * [Emergency Planning Safety Talk](https://www.compsourcemutual.com/resources/safety-library/emergency-planning-safety-talk/) * [Distracted Driving Safety Talk](https://www.compsourcemutual.com/resources/safety-library/distracted-driving-safety-talk/) * [Narrow Frame Scaffold Safety Talk](https://www.compsourcemutual.com/resources/safety-library/narrow-frame-scaffolding/) |
| **Safety Training Videos:**  Driving  Silica | * [Distracted Driving: A Real Story Video](https://compsource-mutual-training-library.safetysourceonline.com/video/dangers-of-distracted-driving-ss0626/) * [Crystalline Silica Safety Video](https://compsource-mutual-training-library.safetysourceonline.com/video/crystalline-silica-safety/) |
| *February* | **Weekly Safety Talks:**  Emergency Preparedness  Table Saw  Hearing Protection  Portable Ladders | * [What to do in Case of an Emergency Safety Talk](https://www.compsourcemutual.com/resources/safety-library/what-to-do-in-case-of-an-incident-safety-talk/) * [Table Saw Safety Talk](https://www.compsourcemutual.com/resources/safety-library/table-saw-safety-talk/) * [Hearing Conservation Safety Talk](https://www.compsourcemutual.com/resources/safety-library/hearing-conservation-2/) * [Portable Ladder Safety Talk](https://www.compsourcemutual.com/resources/safety-library/portable-ladder-safety/) |
| **Safety Training Videos:**  Hand and Power Tools  Fall Protection | * [Hand and Power Tool Safety Video](https://www.compsourcemutual.com/resources/safety-library/hand-and-power-tool-safety/) * [Fall Protection Safety Video](https://compsource-mutual-training-library.safetysourceonline.com/video/fall-protection/) |
| *March* | **Weekly Safety Talks:**  Masonry Saw  Lane Merging  Slips, Trips and Falls  Safe Lifting | * [Masonry Saw Safety Talk](https://www.compsourcemutual.com/resources/safety-library/masonry-saw/) * [Safe Lane Merging Safety Talk](https://www.compsourcemutual.com/resources/safety-library/safe-lane-merging-safety-talk/) * [Falls from the Same Level Safety Talk](https://www.compsourcemutual.com/resources/safety-library/falls-on-the-same-level/) * [Save Your Back Safety Talk](https://www.compsourcemutual.com/resources/safety-library/save-your-back-toolbox-talk/) |
| **Safety Training Videos:**  Driving  Hazardous Material | * [Choices Safe Driving Video](https://www.compsourcemutual.com/resources/safety-library/choices-safe-driving/) * [GHS: Hazardous Material Labels Video](https://compsource-mutual-training-library.safetysourceonline.com/video/ghs-labels-ss2001fe/) |
| *April* | **Weekly Safety Talks:**  Heat Stress  Fall Protection  Safe Lifting  Silica | * [Heat Stress Safety Talk](https://www.compsourcemutual.com/resources/safety-library/heat-stress-safety-talk-3/) * [Fall Protection Safety Talk](https://www.compsourcemutual.com/resources/safety-library/fall-protection-safety-talk-2/) * [Tips for Safe Lifting Safety Talk](https://www.compsourcemutual.com/resources/safety-library/tips-for-safe-lifting-3/) * [Silica Safety Talk](https://www.compsourcemutual.com/resources/safety-library/silica-safety-talk/) |
| **Safety Training Videos:**  Ladders  Heat Stress | * [Ladder Safety Video](https://www.compsourcemutual.com/resources/safety-library/ladder-safety/) * [Heat Stress: Facts and Prevention Video](https://www.compsourcemutual.com/resources/safety-library/heat-stress-facts-prevention/) |
| *May* | **Weekly Safety Talks:**  Hand and Power Tool  Ergonomics  Hazard Awareness  Proper Lighting | * [Hand and Power Tool Guarding Safety Talk](https://www.compsourcemutual.com/resources/safety-library/hand-and-power-tool-guarding/) * [Jobsite Ergonomics Safety Talk](https://www.compsourcemutual.com/resources/safety-library/jobsite-ergonomics-safety-talk/) * [Hazard Awareness Safety Talk](https://www.compsourcemutual.com/resources/safety-library/hazard-awareness-toolbox-talk/) * [Proper Lighting Safety Talk](https://www.compsourcemutual.com/resources/safety-library/proper-lighting-safety-talk/) |
| **Safety Training Videos:**  Driving  Heat Stress | * [Company Owned Vehicles: Safe Driving Video](https://www.compsourcemutual.com/resources/safety-library/company-owned-vehicles-safe-driving/) * [Heat Stress: Tips for a Cool Summer Video](https://compsource-mutual-training-library.safetysourceonline.com/video/heat-stress-tips-for-a-cool-summer-ss2223ar/) |
| *June* | **Weekly Safety Talks:**  Extension Cords  Portable Fire Extinguishers  Driving  Repetitive Motion | * [Extension Cord Safety Talk](https://www.compsourcemutual.com/resources/safety-library/extension-cord-safety/) * [Portable Fire Extinguisher Safety Talk](https://www.compsourcemutual.com/resources/safety-library/portable-fire-extinguishers-safety-talk/) * [Tailgating Safety Talk](https://www.compsourcemutual.com/resources/safety-library/tailgating-safety-talk/) * [Repetitive Motion Safety Talk](https://www.compsourcemutual.com/resources/safety-library/repetitive-motion-toolbox-talk/) |
| **Safety Training Videos:**  Housekeeping  Fall Protection | * [Housekeeping: Slip, Trip and Fall Prevention Video](https://www.compsourcemutual.com/resources/safety-library/housekeeping-slips-trips-and-fall-prevention/) * [Fall Protection Equipment and Safe Practices Video](https://compsource-mutual-training-library.safetysourceonline.com/video/workplace-falls-causes-and-prevention-ss0626/) |
| *July* | **Weekly Safety Talks:**  Saws  Electrical  Stretching  Safety Data Sheets | * [Tips for Saw Safety](https://www.compsourcemutual.com/resources/safety-library/tips-for-saw-safety/) * [Electrical Shock Safety Talk](https://www.compsourcemutual.com/resources/safety-library/electrical-shock-safety/) * [The Importance of Stretching Safety Talk](https://www.compsourcemutual.com/resources/safety-library/the-importance-of-stretching-toolbox-talk/) * [Safety Data Sheet (SDS) Safety Talk](https://www.compsourcemutual.com/resources/safety-library/safety-data-sheets-safety-talk/) |
| **Safety Training Videos:**  Safe Lifting  Overexertion | * [Back Safety: The Basics Video](https://www.compsourcemutual.com/resources/safety-library/back-safety-the-basics/) * [Overexertion Prevention Safety Video](https://compsource-mutual-training-library.safetysourceonline.com/video/overexertion-prevention-construction-ssc018g-14-min/) |
| *August* | **Weekly Safety Talks:**  Overhead work  Eye Wash  Housekeeping  Awareness | * [Doing Work Overhead Safety Talk](https://www.compsourcemutual.com/resources/safety-library/doing-work-overhead/) * [Eye Wash Safety Talk](https://www.compsourcemutual.com/resources/safety-library/eye-wash-station/) * [Keeping Isles and Passageways Clear Safety Talk](https://www.compsourcemutual.com/resources/safety-library/keeping-isles-and-passageways-clear-safety-talk/) * [Safety Awareness Safety Talk](https://www.compsourcemutual.com/resources/safety-library/safety-awareness/) |
| **Safety Training Videos:**  Scaffold  Hearing Protection | * [Scaffold Safety Video](https://compsource-mutual-training-library.safetysourceonline.com/video/scaffolding-safety/) * [Hearing Conservation: The Facts Video](https://compsource-mutual-training-library.safetysourceonline.com/video/hearing-conservation-the-facts-1025b-11-min/) |
| *September* | **Weekly Safety Talks:**  Slips, Trips and Falls  Masonry Saw  Driving  Hand and Power Tool | * [Common Slip, Trip and Fall Hazards Safety Talk](https://www.compsourcemutual.com/resources/safety-library/common-slip-trip-and-fall-hazards-safety-talk/) * [Masonry Saw Safety Talk](https://www.compsourcemutual.com/resources/safety-library/masonry-saw/) * [Distracted Driving Safety Talk](https://www.compsourcemutual.com/resources/safety-library/distracted-driving-safety-talk/) * [Hand and Power Tool Guarding Safety Talk](https://www.compsourcemutual.com/resources/safety-library/hand-and-power-tool-guarding/) |
| **Safety Training Videos:**  Power Saws  Driving | * [Power Saw Safety Video](https://www.compsourcemutual.com/resources/safety-library/power-saw-safety-video/) * [10-4 Defensive Driving Video](https://compsource-mutual-training-library.safetysourceonline.com/video/10-4-defensive-driving-ss1087i-11-min/) |
| *October* | **Weekly Safety Talks:**  Chemical Handling  Electrical  Scissor Lift  Energy Drinks | * [Chemical Handling Safety Talk](https://www.compsourcemutual.com/resources/safety-library/chemical-handling-safety-talk/) * [Tips for Electrical Safety Talk](https://www.compsourcemutual.com/resources/safety-library/tips-for-electrical-safety-2/) * [Scissor Lift Safety Talk](https://www.compsourcemutual.com/resources/safety-library/scissor-lift-safety-talk/) * [The Hazards of Energy Drinks Safety Talk](https://www.compsourcemutual.com/resources/safety-library/the-hazards-of-energy-drinks/) |
| **Safety Training Videos:**  Driving  Safety Glasses | * [Cell Phone: Hands Free Driving Awareness Video](https://www.compsourcemutual.com/resources/safety-library/cell-phone-hands-free-driving-awareness/) * [Safety Glasses Video](https://www.compsourcemutual.com/resources/safety-library/safety-glasses/) |
| *November* | **Weekly Safety Talks:**  Housekeeping  Cutting Tool  Driving  Working in the Cold | * [Housekeeping Safety Talk](https://www.compsourcemutual.com/resources/safety-library/housekeeping-safety-talk/) * [Cutting Tool Safety Talk](https://www.compsourcemutual.com/resources/safety-library/cutting-tool-safety-talk/) * [Cell Phone Use While Driving Safety Talk](https://www.compsourcemutual.com/resources/safety-library/cell-phone-use-while-driving-safety-talk/) * [Working in the Cold Safety Talk](https://www.compsourcemutual.com/resources/safety-library/working-in-the-cold-safety-talk/) |
| **Safety Training Videos:**  Safety Data Sheets  Walking and Working Surfaces | * [GHS: Safety Data Sheets-The Basics Video](https://compsource-mutual-training-library.safetysourceonline.com/video/ghs-safety-data-sheets-the-basics-ss2002fe/) * [Walking and Working Surfaces Video](https://compsource-mutual-training-library.safetysourceonline.com/video/walking-and-works-surfaces-ss0626/) |
| *December* | **Weekly Safety Talks:**  Safe Lifting  Hand and Power Tools  Silica  Ergonomics | * [Save Your Back Safety Talk](https://www.compsourcemutual.com/resources/safety-library/save-your-back-toolbox-talk/) * [Hand and Power Tools Safety Talk](https://www.compsourcemutual.com/resources/safety-library/hand-and-power-tools/) * [Silica Safety Talk](https://www.compsourcemutual.com/resources/safety-library/silica-safety-talk/) * [Jobsite Ergonomics Safety Talk](https://www.compsourcemutual.com/resources/safety-library/jobsite-ergonomics-safety-talk/) |
| **Safety Training Videos:**  Hand Safety  Fire Extinguishers | * [Hand Safety: You Control It Video](https://compsource-mutual-training-library.safetysourceonline.com/video/hand-safety-you-control-it-1063i-12-min/) * [Fire Extinguisher Training Video](https://www.compsourcemutual.com/resources/safety-library/fire-extinguisher-training-video/) |
| This list is not comprehensive - additional OSHA standards may apply to your workplace. Be sure to review OSHA's general industry standards (29 CFR 1910) for other requirements. In addition, section 5(a)(1) of the Occupational Safety and Health Act, known as the General Duty Clause, requires employers to provide their employees with a workplace that is free of recognized hazards likely to cause death or serious physical harm. | | |