**This document is a reference for monthly risk-based safety training topics to provide to your employees.**

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| --- | --- | --- |
| *Month* | *Training topic* | *Related resources* |
| *January* | Electrical safety | * [Tips for electrical safety talk](https://www.compsourcemutual.com/knowledge-center/tips-for-electrical-safety-2/)
 |
| Lockout- tagout | * [Lockout tagout safety talk](https://www.compsourcemutual.com/knowledge-center/lockout-tagout/)
 |
| *February* | Lifting mechanics | * [Tips for safe lifting safety talk](https://www.compsourcemutual.com/knowledge-center/tips-for-safe-lifting-safety-talk/)
 |
| Importance of stretching  | * [The Importance of Stretching Safety Talk](https://www.compsourcemutual.com/resources/safety-library/the-importance-of-stretching-toolbox-talk/)
* [Upper body stretching exercises](https://www.compsourcemutual.com/resources/safety-library/upper-body-stretching-exercises/)
 |
| *March* | First aid and CPR | * [What to do in case of an incident safety talk](https://www.compsourcemutual.com/knowledge-center/what-to-do-in-case-of-an-incident-safety-talk/)
* [safety awareness safety talk](https://www.compsourcemutual.com/knowledge-center/safety-awareness/)
 |
| Emergency action plan | * [Emergency planning safety talk](https://www.compsourcemutual.com/knowledge-center/emergency-planning-safety-talk/)
 |
| *April* | Fall protection | * [Fall protection safety talk](https://www.compsourcemutual.com/knowledge-center/fall-protection-safety-talk-2/)
 |
| Aerial lift | * [Aerial lift safety talk](https://www.compsourcemutual.com/knowledge-center/aerial-lift-safety-talk/)
 |
| *May* | Heat Stress | * [Heat stress safety talk](https://www.compsourcemutual.com/knowledge-center/heat-stress-safety-talk-3/)
 |
| Hand and power tools | * [Hand and power tool safety talk](https://www.compsourcemutual.com/knowledge-center/hand-and-power-tools/)
 |
| *June* | Heavy equipment | * [Heavy equipment safety talk](https://www.compsourcemutual.com/knowledge-center/equipment-operations/)
 |
| Chain Saw Safety | * [Chain Saw Safety Guide](https://www.osha.gov/etools/logging/manual-operations/logger/chain-saw/saw-operation)
 |
| *July* | Tree Harvesting | * [Tree Harvesting Training Guide](https://www.osha.gov/etools/logging/tree-harvesting-plan)
 |
| Felling Trees | * [Safe Felling Guide](https://www.osha.gov/etools/logging/manual-operations/felling)
 |
| *August* | Hazard Communication | * [Chemical handling safety talk](https://www.compsourcemutual.com/knowledge-center/chemical-handling-safety-talk/)
* [Reading safety data sheets safety talk](https://www.compsourcemutual.com/knowledge-center/reading-safety-data-sheets-safety-talk/)
 |
| Personal protection equipment (PPE) | * [Personal protective equipment safety talk](https://www.compsourcemutual.com/knowledge-center/personal-protective-equipment-safety-talk/)
* [Safety glasses safety talk](https://www.compsourcemutual.com/knowledge-center/safety-glasses/)
* [Respiratory protection safety talk](https://www.compsourcemutual.com/knowledge-center/respiratory-protection-safety-talk/)
 |
| *September* | Slips, trips, falls- same level | * [Common slip trip and fall hazards safety talk](https://www.compsourcemutual.com/knowledge-center/common-slip-trip-and-fall-hazards-safety-talk-2/)
 |
| Ladders  | * [Stepping up your portable ladder safety talk](https://www.compsourcemutual.com/knowledge-center/stepping-up-your-portable-ladder-safety/)
 |
| *October* | Working in the Cold | * [Working in the cold safety talk](https://www.compsourcemutual.com/knowledge-center/working-in-the-cold-safety-talk/)
 |
| Machine guarding | * [Machine guarding safety talk](https://www.compsourcemutual.com/knowledge-center/hvac-machine-guarding/)
* [Hand and power tool guarding safety talk](https://www.compsourcemutual.com/knowledge-center/hand-and-power-tool-guarding/)
 |
| *November* | Driving | * [Cell phone use while driving safety talk](https://www.compsourcemutual.com/knowledge-center/cell-phone-use-while-driving-safety-talk/)
* [Defensive driving safety talk](https://www.compsourcemutual.com/knowledge-center/defensive-driving/)
* [Severe weather safety talk](https://www.compsourcemutual.com/knowledge-center/severe-weather-safety-talk-2/)
 |
| *December* | Bloodborne pathogens | * [Bloodborne pathogens safety talk](https://www.compsourcemutual.com/knowledge-center/bloodborne-pathogens-safety-talk-2/)
 |
| Logging Personal Protective Equipment | * [Logger Personal Protective Equipment Guide](https://www.osha.gov/etools/logging/manual-operations/logger/personal-protective-equipment)
 |
| This list is not comprehensive - additional OSHA standards may apply to your workplace. Be sure to review OSHA's general industry standards (29 CFR 1910) for other requirements. In addition, section 5(a)(1) of the Occupational Safety and Health Act, known as the General Duty Clause, requires employers to provide their employees with a workplace that is free of recognized hazards likely to cause death or serious physical harm. |

This list is not