**This document is a reference for monthly risk-based and OSHA required training topics to provide to your employees.**

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| *Month* | *Training topic* | *Reference* | *Related resources* |
| *January* | Rooftop safety  | 29 CFR 1926.501 | * [Rooftop Safety – Safety video](https://compsource-mutual-training-library.safetysourceonline.com/video/rooftop-safety-ss21002ae/)
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| *February* | Lifting mechanics | Risk based | * [Back Safety: Proper Lifting Procedures – Safety Video (16 min.)](https://compsource-mutual-training-library.safetysourceonline.com/video/back-safety-proper-lifting-procedures-ss1015de-16-min/)
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| *March* | Emergency action plan | 29 CFR 1910.38 | [Severe weather safety talk](https://www.compsourcemutual.com/knowledge-center/severe-weather-safety-talk-2/) |
| *April* | A Million Excuses | 29 CFR 1926.503 | * [A Million Excuses – Safety Video (10 Min.)](https://compsource-mutual-training-library.safetysourceonline.com/video/a-million-excuses-1055i-10-min/)
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| *May* | Extreme temperatures | Risk based | * [Heat stress safety talk](https://www.compsourcemutual.com/knowledge-center/heat-stress-safety-talk-3/)
* [Heat Stress: Facts & Prevention – Safety Video (9 Min.)](https://www.safetysourceonline.com/video/heat-stress-facts-and-prevention/)
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| *June* | Ladders  | 29 CFR 1926.1053 | * [Stepping up portable ladder safety talk](https://www.compsourcemutual.com/knowledge-center/stepping-up-your-portable-ladder-safety/)
* [Ladder Safety – Safety Video (10 mins)](https://www.safetysourceonline.com/video/ladder-safety-8019a-10-min/)
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| *July* | Personal protection equipment (PPE) |  29 CFR 1920.132 | * [Personal protective equipment safety talk](https://www.compsourcemutual.com/knowledge-center/personal-protective-equipment-safety-talk/)
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| *August* | Safety Behavior | Risk based | * [An Extra Effort For Safety Sake: Safety Behavior - Safety Video (15 min.)](https://compsource-mutual-training-library.safetysourceonline.com/video/an-extra-effort-for-safety-sake-safety-behavior-1065i-15-min/)
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| *September* | Slips, trips, falls- same level | Risk based | [Overexertion Prevention – Safety Video (14 min.)](https://compsource-mutual-training-library.safetysourceonline.com/video/overexertion-prevention-construction-ssc018g-14-min/)  |
| *October* | Hand and power tools | 29 CFR 1910.242 | * [Hand & Power Tool Safety - Safety Video (10 Min.)](https://compsource-mutual-training-library.safetysourceonline.com/video/hand-power-tool-safety-ss1094ie-10-min/)
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| *November* | Driving | Risk based | * [Cell phone use while driving safety talk](https://www.compsourcemutual.com/knowledge-center/cell-phone-use-while-driving-safety-talk/)
* [Defensive driving safety talk](https://www.compsourcemutual.com/knowledge-center/defensive-driving/)
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| *December* | Housekeeping | Risk based  | * [Housekeeping safety talk](https://www.compsourcemutual.com/resources/safety-library/housekeeping-safety-talk/)
* [Housekeeping: Slips, Trips and Falls Prevention – Safety Video (6 mins)](https://compsource-mutual-training-library.safetysourceonline.com/video/housekeeping-slips-trips-and-falls-facts-prevention/)
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