**This document is a reference for monthly risk-based and OSHA required training topics to provide to your employees.**

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| *Month* | *Training topic* | *Reference* | *Training to include* | *Related resources* |
| *January* | Driving | Risk based | * Spotter safety
* Hand signals and position
* Hazards related to truck overturn
* Truck placement
* Loading material
 | * [Spotters safety talk](https://www.compsourcemutual.com/resources/safety-library/spotters-2/)
* [Preventing overturn for refuse, roll-off, dump truck etc. safety talk](https://www.compsourcemutual.com/resources/safety-library/dump-truck-overturn-safety-talk/)
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| *February* | Slips, trips, falls and Crushing and pinch point risks | Risk based | * Effective footwear for the job
* Using appropriate housekeeping practices
* Considering weather conditions that can cause hazardous terrain
* Areas to look for in preventing crushing and pinch point injuries
* Using appropriate safety equipment
 | * [Falls from trucks and trailers safety talk](https://www.compsourcemutual.com/resources/safety-library/falls-from-trucks-and-trailers/)
* [Crushing and pinch point injuries: Refuse collection safety talk](https://www.compsourcemutual.com/resources/safety-library/crushing-and-pinch-point-injuries-refuse-collection/)
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| *March* | Emergency action plan | 29 CFR 1910.38 | * Identifying a primary individual to monitor weather conditions and inform employees of potential hazards
* Identifying a local storm shelter (with directions provided) in the event of anticipated hazardous weather
 | * [Emergency planning safety talk](https://www.compsourcemutual.com/resources/safety-library/emergency-planning-refuse-collection-safety-talk/)
* [Refuse collection: Daily truck inspection](https://www.compsourcemutual.com/resources/safety-library/refuse-collection-daily-truck-inspection/)
* [Contact with animals: Refuse collection](https://www.compsourcemutual.com/resources/safety-library/contact-with-animals-refuse-collection/)
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| *April* | Driving | Risk based | * Training to cover planning ahead for the drive
* Being constantly aware of surroundings
 | * [Driving prepared safety talk](https://www.compsourcemutual.com/resources/safety-library/driving-prepared-safety-talk/)
* [Refuse collection awareness safety talk](https://www.compsourcemutual.com/resources/safety-library/refuse-collection-awareness-safety-talk/)
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| *May* | Extreme temperatures and Landfill safety | Risk based | * Include hazards and controls related to working in extreme heat conditions
* Safe practices while dumping
* PPE to be worn
* Spotters
 | * [Heat stress safety talk](https://www.compsourcemutual.com/resources/safety-library/heat-stress-safety-talk-3/)
* [Landfill safety talk](https://www.compsourcemutual.com/resources/safety-library/landfill-safety-talk/)
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| *June* | Driving | Risk based | * Highway roadside safety when pulled over or broken down
* Precautions to take when working around powerlines
 | * [Highway roadside safety talk](https://www.compsourcemutual.com/resources/safety-library/highway-roadside-safety-talk/)
* [Powerline hazards with refuse, roll-off, dump trucks etc. safety talk](https://www.compsourcemutual.com/resources/safety-library/powerline-hazards-with-dumptrucks/)
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| *July* | Driving | Risk based | * Training to cover how to avoid distracted driving
* Tire and wheel safety
 | * [Distracted driving safety talk](https://www.compsourcemutual.com/resources/safety-library/distracted-driving-safety-talk/)
* [Tire and wheel safety talk](https://www.compsourcemutual.com/resources/safety-library/tire-and-wheel-safety-talk/)
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| *August* | Hazard Communication | 29 CFR 1910.1200 | * Training should include the use of safety data sheets (SDS)
* Personal protective equipment

Reading labels, tags or signs* Safe handling and use of material
 | * [Chemical handling safety talk](https://www.compsourcemutual.com/resources/safety-library/chemical-handling-safety-talk/)
* [Biohazardous and hazardous material: Refuse collection safety talk](https://www.compsourcemutual.com/resources/safety-library/biohazardous-and-hazardous-material-refuse-collection/)
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| *September* | Driving  | Risk based | * Safe driving in construction zones
* Safety when working under truck beds and avoiding pinch points and crushing hazards
 | * [Safe navigation through construction zones safety talk](https://www.compsourcemutual.com/resources/safety-library/safe-navigation-through-construction-zones/)
* [Caught in safety tips for dump trucks safety talk](https://www.compsourcemutual.com/resources/safety-library/caught-in-safety-talk/)
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| *October* | Ergonomics and Material handling | 29 CFR 1910-10.2 and risk based | * Seat positioning
* Maintaining comfort while driving
* Post drive actions to take
* Safe lifting and material handling
 | * [Trucking ergonomics safety talk](https://www.compsourcemutual.com/resources/safety-library/delivery-and-trucking-ergonomics-safety-talk/)
* [Manual collection: Refuse safety talk](https://www.compsourcemutual.com/resources/safety-library/manual-collection-refuse/)
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| *November* | Driving | Risk based | * Training on safe lane merging and driving in severe weather
 | * [Safe lane merging safety talk](https://www.compsourcemutual.com/resources/safety-library/safe-lane-merging-safety-talk/)
* [Severe weather safety talk](https://www.compsourcemutual.com/resources/safety-library/severe-weather-safety-talk-2/)
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| *December* | Personal protection equipment (PPE) | 29 CFR 1920.132 | * General and specific PPE utilized by employees during work tasks
 | * [Personal protective equipment: Solid waste management safety talk](https://www.compsourcemutual.com/resources/safety-library/personal-protective-equipment-solid-waste-management-safety-talk/)
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| This list is not comprehensive - additional OSHA standards may apply to your workplace. Be sure to review OSHA's general industry standards (29 CFR 1910) for other requirements. In addition, section 5(a)(1) of the Occupational Safety and Health Act, known as the General Duty Clause, requires employers to provide their employees with a workplace that is free of recognized hazards likely to cause death or serious physical harm. |