**This document is a reference for monthly risk-based and OSHA required training topics to provide to your employees.**

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| *Month* | *Training topic* | *Reference* | *Related resources* |
| *January* | Welding/Hot Work | 29 CFR 1910.252 to 1910.255 | * [Tips for welding safety talk](https://www.compsourcemutual.com/knowledge-center/tips-for-welding-safety/) * [Hot Work Safety Talk - CompSource Mutual](https://www.compsourcemutual.com/knowledge-center/hot-work-safety-talk/) |
| *February* | Lifting mechanics | Risk based | * [Tips for safe lifting safety talk - CompSource Mutual](https://www.compsourcemutual.com/knowledge-center/tips-for-safe-lifting-safety-talk/) |
| Auto Body Jacks & Lifts | Risk based | * [Material handling auto body jack and lifts - CompSource Mutual](https://www.compsourcemutual.com/knowledge-center/material-handling-auto-body-jack-and-lifts/) |
| *March* | Emergency action plan | 29 CFR 1910.38 | * [Emergency planning](https://www.compsourcemutual.com/knowledge-center/emergency-planning-safety-talk/) |
| Hazard Communication | 29 CFR 1910.1200 | * [Chemical handling safety talk - CompSource Mutual](https://www.compsourcemutual.com/knowledge-center/chemical-handling-safety-talk/) |
| *April* | Aerial lift | 29 CFR 1910.67 | * [Aerial lift safety talk](https://www.compsourcemutual.com/knowledge-center/aerial-lift-safety-talk/) |
| *May* | Ladders | 29 CFR 1926.1053 | * [Stepping up portable ladder safety talk](https://www.compsourcemutual.com/knowledge-center/stepping-up-your-portable-ladder-safety/) |
| *June* | Extreme temperatures | Risk based | * [Heat stress safety talk](https://www.compsourcemutual.com/knowledge-center/heat-stress-safety-talk-3/) |
| *July* | Material handling equipment | 29 CFR  1926.602 | * [Overhead crane and hoist safety talk - CompSource Mutual](https://www.compsourcemutual.com/knowledge-center/overhead-crane-and-hoist-safety-talk/) |
| *August* | Personal protection equipment (PPE) | 29 CFR 1920.132 | * [Personal protective equipment safety talk](https://www.compsourcemutual.com/knowledge-center/personal-protective-equipment-safety-talk/) |
| *September* | Slips, trips, falls- same level | Risk based | * [Housekeeping safety talk - CompSource Mutual](https://www.compsourcemutual.com/knowledge-center/housekeeping-safety-talk/) |
| *October* | Hand and power tools | 29 CFR 1910.242 | * [Hand and power tools safety talk](https://www.compsourcemutual.com/knowledge-center/hand-and-power-tools/) |
| Machine guarding | 29 CFR 1910.217 and 29 CFR 1920.218 | * [Machine guarding safety talk](https://www.compsourcemutual.com/knowledge-center/hvac-machine-guarding/) * [Hand and power tool guarding safety talk](https://www.compsourcemutual.com/knowledge-center/hand-and-power-tool-guarding/) |
| Electrical Safety - Lockout/Tagout | 29 CFR 1910.147 | * [Lockout tagout safety talk](https://www.compsourcemutual.com/knowledge-center/lockout-tagout/) |
| *November* | Driving | Risk based | * [Cell phone use while driving safety talk](https://www.compsourcemutual.com/knowledge-center/cell-phone-use-while-driving-safety-talk/) * [Defensive driving safety talk](https://www.compsourcemutual.com/knowledge-center/defensive-driving/) * [Severe weather safety talk](https://www.compsourcemutual.com/knowledge-center/severe-weather-safety-talk-2/) |
| *December* | General Garage/Repair Safety | Risk based | * [Garage/Repair Shop Safety Video](https://safetysourceonline.com/video/garagerepair-shop-safety-7022ae-15-minutes/) |