**This document is a reference for monthly risk-based and OSHA required training topics to provide to your employees.**

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| --- | --- | --- | --- | --- |
| *Month* | *Training topic* | *Reference* | *Training to include* | *Related resources* |
| *January* | Welding | 29 CFR 1910.252 to 1910.255 | * Safe welding practices such as inspection, how to ventilate, flammables, etc.
* Personal protective equipment to be worn
 | * [Tips for welding safety talk](https://www.compsourcemutual.com/knowledge-center/tips-for-welding-safety/)
* [Basic welding safety video](https://safetysourceonline.com/video/welding-safety-the-basics/)
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| Lockout- Tagout | 29 CFR 1910.147 | * Training on expected procedures
* Identify what should be locked and tagged and when
* Process of using locks and tags
 | * [Lockout/Tagout safety talk](https://www.compsourcemutual.com/knowledge-center/lockout-tagout/)
* [Lockout/Tagout: The Basics (English)](https://safetysourceonline.com/video/lockout-tagout-ss1037ae-14-mins/)
* [Lockout/Tagout: The Basics –(Spanish)](https://safetysourceonline.com/video/lockout-tagout-the-basics-ss1037as-14-mins-spanish/)
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| *February* | Lifting mechanics | Risk-based | * Manual lifting is a last resort
* Lifting devices and machinery should be used when possible
* If manual lifting is necessary, address proper lifting mechanics, team lifting, etc.
 | * [Proper lifting video](https://safetysourceonline.com/video/back-safety-proper-lifting-procedures-ss1015de-16-min/) (English)
* [Proper Lifting video (Spanish) (safetysourceonline.com)](https://safetysourceonline.com/video/back-safety-proper-lifting-procedures-ss1015ds-16-min-spanish/)
* [Tips for safety lifting safety talk](https://www.compsourcemutual.com/resources/safety-library/tips-for-safe-lifting-safety-talk/)
* [Proper Lifting of Tires](https://www.compsourcemutual.com/resources/safety-library/proper-lifting-of-tires/)
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| *March* | Emergency action plan | 29 CFR 1910.38 | * Identifying a primary individual to monitor weather conditions and inform employees of potential hazards
* Identifying a local storm shelter (with directions provided) in the event of anticipated hazardous weather
 | * [Emergency planning](https://www.compsourcemutual.com/knowledge-center/emergency-planning-safety-talk/)
* [Emergency preparedness safety video](https://safetysourceonline.com/video/emergency-evacuation-procedures/)
* [Fire Extinguisher Training (English)](https://safetysourceonline.com/video/fire-extinguisher-training-ss5072ae/)
* [Fire Extinguisher Training (Spanish)](https://safetysourceonline.com/video/fire-extinguisher-training-ss5072as-5-mins-spanish/)
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| *April* | Fall protection | 29 CFR 1926.503 | * Equipment needed for different types of work
* Effective use of equipment
* Inspecting equipment
* Maintenance and repair of defective or damaged equipment
 | * [Fall protection safety talk](https://www.compsourcemutual.com/knowledge-center/fall-protection-safety-talk-2/)
* [Fall Protection (English)](https://safetysourceonline.com/video/fall-protection/)
* [Fall Protection (Spanish)](https://safetysourceonline.com/video/fall-protection-ssc0023as-10-min-spanish/)
 |
| Aerial lift | 29 CFR 1910.67 | * Steps to take before the operation
* Training specific to equipment being used
* Safety expectations while operating lifts
 | * [Aerial lift safety talk](https://www.compsourcemutual.com/knowledge-center/aerial-lift-safety-talk/)
* [Aerial lift safety video](https://safetysourceonline.com/video/aerial-lift-safety-ss1031be/)
* [Aerial Lift Work Platform (Spanish)](https://safetysourceonline.com/video/aerial-lift-work-platform-1025g-spanish-2/)
* [Aerial Lift Work Platform (English)](https://safetysourceonline.com/video/aerial-lift-work-platform-1025g-15-min-2/)
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| *May* | Extreme temperatures | Risk-based | * Include hazards and controls related to working in extreme heat conditions
 | * [Heat stress safety talk](https://www.compsourcemutual.com/knowledge-center/heat-stress-safety-talk-3/)
* [Heat Stress: Facts & Prevention (English)](https://safetysourceonline.com/video/heat-stress-facts-and-prevention/)
* [Heat Stress: Facts & Prevention (Spanish)](https://safetysourceonline.com/video/heat-stress-the-facts-1007i-12-min-spanish/)
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| *June* | Ladders  | 29 CFR 1926.1053 | * Proper ladder use
* Inspections
* Setting up a ladder
* Anchoring
* Safe positioning
* Considering ground or surface conditions etc.
 | * [Stepping up portable ladder safety talk](https://www.compsourcemutual.com/knowledge-center/stepping-up-your-portable-ladder-safety/)
* [Ladder Safety (English)](https://safetysourceonline.com/video/ladder-safety-8019a-10-min/)
* [Ladder Safety (Spanish)](https://safetysourceonline.com/video/ladder-safety-8019a-10-min-spanish/)
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| *July* | Heavy equipment | 29 CFR 1910.178 | * Training specific to equipment being used
* Include training on securing, stacking, leveling, traveling with loads, etc.
* Safety expectations while operating the equipment such as seat belt, speed, how to notify others while traveling, etc.
 | * [Tractor safe operation practices](https://www.compsourcemutual.com/resources/safety-library/tractor-safety-safe-operation-practices/)
* [Skid steer safety talk](https://www.compsourcemutual.com/resources/safety-library/skid-steer-safety-talk/)
* [Heavy equipment safety talk](https://www.compsourcemutual.com/resources/safety-library/equipment-operations/)
* [All-terrain vehicle safety talk](https://www.compsourcemutual.com/resources/safety-library/all-terrain-vehicle-safety-talk/)
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| *August* | Hazard communication | 29 CFR 1910.1200 | * Training should include the use of safety data sheets (SDS)
* Personal protective equipment

Reading labels, tags, or signs* Safe handling and use of material
 | * [Chemical handling safety talk](https://www.compsourcemutual.com/knowledge-center/chemical-handling-safety-talk/)
* [Hazard Communications (English)](https://safetysourceonline.com/video/hazard-communications-ss5028ae-10-min/)
* [Hazard Communications (Spanish)](https://safetysourceonline.com/video/hazard-communications-5028a-10-min-spanish/)
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| Personal protection equipment (PPE) | 29 CFR 1920.132 | * General and specific PPE utilized by employees during work tasks
 | * [Personal protective equipment safety talk](https://www.compsourcemutual.com/knowledge-center/personal-protective-equipment-safety-talk/)
* [PPE – It’s Your Choice (English)](https://safetysourceonline.com/video/ppe-its-your-call-5046a/)
* [PPE- It’s Your Choice (Spanish)](https://safetysourceonline.com/video/ppe-its-your-call-8-min-5046a-spanish/)
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| *September* | Slips, trips, falls- the same level | Risk-based | * Effective footwear for the job
* Using appropriate housekeeping practices
* Considering weather conditions that can cause hazardous terrain
 | * [Common slip trip and fall hazards safety talk](https://www.compsourcemutual.com/knowledge-center/common-slip-trip-and-fall-hazards-safety-talk-2/)
* [Slips trips and falls safety talk](https://www.compsourcemutual.com/resources/safety-library/slips-trips-and-falls-safety-talk/)
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| *October* | Hand and power tools | 29 CFR 1910.242 | * Inspection of equipment
* Maintenance
* Lockout/Tagout procedures
* Personal protective equipment
 | * [Hand and power tools safety talk](https://www.compsourcemutual.com/knowledge-center/hand-and-power-tools/)
* [Angle grinder safety talk](https://www.compsourcemutual.com/resources/safety-library/angle-grinder-safety-talk/)
* [Table saw safety talk](https://www.compsourcemutual.com/resources/safety-library/table-saw-safety-talk/)
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| Machine guarding | 29 CFR 1910.217 and 29 CFR 1920.218 | * Effective use of guarding on power tools and equipment such as air nail guns and power saws
 | * [Machine guarding safety talk](https://www.compsourcemutual.com/knowledge-center/hvac-machine-guarding/)
* [Hand and power tool guarding safety talk](https://www.compsourcemutual.com/knowledge-center/hand-and-power-tool-guarding/)
* [Machine guarding safety video](https://safetysourceonline.com/video/machine-guarding-the-real-story-1027h-13-min/)
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| *November* | Housekeeping | Risk-based | * A proper housekeeping program
* It is always an ongoing process
 | * [Housekeeping safety talk](https://view.officeapps.live.com/op/view.aspx?src=https%3A%2F%2Fwww.compsourcemutual.com%2Fwp-content%2Fuploads%2F2021%2F01%2FHousekeeping-1-Toolbox-Talk.docx&wdOrigin=BROWSELINK)
* [Severe weather safety talk](https://www.compsourcemutual.com/knowledge-center/severe-weather-safety-talk-2/)
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| *December* | Jacks and lifts | Risk-based | * Securing the vehicle
* De-energizing prior to starting work
 | * [Auto body jack and lifts safety talk](https://www.compsourcemutual.com/knowledge-center/material-handling-auto-body-jack-and-lifts/)
* [Proper Use Of Jacks](https://www.compsourcemutual.com/resources/safety-library/proper-use-of-jacks/)
 |
| This list is not comprehensive - additional OSHA standards may apply to your workplace. Review OSHA's general industry standards (29 CFR 1910) for other requirements. In addition, section 5(a)(1) of the Occupational Safety and Health Act, known as the General Duty Clause, requires employers to provide their employees with a workplace free of recognized hazards likely to cause death or serious physical harm. |