**This document is a reference for monthly risk-based and OSHA required training topics to provide to your employees.**

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| *Month* | *Training topic* | *Reference* | *Training to include* |
| *January* | Lifting mechanics/client transfers | Risk based | * [Lifiting patients](https://www.compsourcemutual.com/resources/safety-library/safe-iflting-and-movement-of-nursing-home-residents/)
* [Repositioning patients, healthcare](https://www.compsourcemutual.com/resources/safety-library/repositioning-patients-healthcare/)
* [The Term "Ergonomics"](https://www.compsourcemutual.com/resources/safety-library/the-term-ergonomics/)
 |
| Ergonomics | 29 CFR 1910-10.2 |
| *February* | Hazard communication (GHS) | 29 CFR 1910.1200 | * [Chemical handling](https://www.compsourcemutual.com/resources/safety-library/chemical-handling-safety-talk/)
* [Reading safety data sheets -SDS](https://www.compsourcemutual.com/resources/safety-library/reading-safety-data-sheets-safety-talk/)
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| *March* | Workplace violence | Risk based | * How to handle client aggression
* How to handle aggression from family members or anyone else present
 |
| *April* | Slips/trips/falls | Risk based | * Footwear
* Housekeeping
* Slippery walking surfaces
* Stairs and handrails
* Changes in elevation
* Defects in floor surface
* Deficient lighting etc.
 |
| *May* | Driving safety  | Risk based | * [Shift work](https://www.compsourcemutual.com/resources/safety-library/shift-work-for-emergency-medical-workers-safety-talk/)
* [Choices: safe driving -video](https://www.compsourcemutual.com/resources/safety-library/choices-safe-driving/)
* [Traffic safety for emergency medical service workers](https://www.compsourcemutual.com/resources/safety-library/traffic-safety-for-emergency-medical-service-workers/)
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| *June* | Bloodborne pathogens | 29 CFR 1910.1030 | * [Bloodborne pathogen](https://www.compsourcemutual.com/resources/safety-library/bloodborne-pathogen-safety-for-emergency-medical-services-safety-talk/)
* [Bloodborne pathogens healthcare](https://www.compsourcemutual.com/resources/safety-library/bloodborne-pathogens-healthcare-safety-talk/)
* [Removing gloves](https://www.compsourcemutual.com/resources/safety-library/removing-gloves-safety/)
 |
| Cuts/lacerations | Risk based | * [Sharps safety](https://www.compsourcemutual.com/resources/safety-library/sharps-safety-talk/)
 |
| *July* | Lifting mechanics/client transfers | Risk based | * [Tips for safe lifting](https://www.compsourcemutual.com/resources/safety-library/tips-for-safe-lifting-safety-talk/)
* helping clients move from place to place and in and out of vehicles
* [EMS Back Safety](https://www.compsourcemutual.com/resources/safety-library/ems-back-safety/)
 |
| Ergonomics | 29 CFR 1910-10.2 |
| *August* | Personal protective equipment (PPE) | 29 CFR 1910.132 | * [Personal protective equipment (PPE)](https://www.compsourcemutual.com/resources/safety-library/personal-protective-equipment-2/)
 |
| *September* | Workplace violence | Risk based | * How to handle client aggression
* How to handle aggression from family members or anyone else present
 |
| *October* | Slips/trips/falls | Risk based | * [Footwear](https://www.compsourcemutual.com/resources/safety-library/footwear-for-emergency-medical-workers/)
* Housekeeping
* Slippery walking surfaces
* Stairs and handrails
* Defects in floor surface
* Deficient lighting etc.
 |
| *November* | Driving safety and transportation of clients | Risk based | * [Distracted driving](https://www.compsourcemutual.com/resources/safety-library/distracted-driving-safety-talk/)
* [Defensive driving](https://www.compsourcemutual.com/resources/safety-library/defensive-driving/)
* [Driving prepared](https://www.compsourcemutual.com/resources/safety-library/driving-prepared-safety-talk/)
* [Severe weather driving](https://www.compsourcemutual.com/resources/safety-library/severe-weather-safety-talk-2/)
* [Cell phone use](https://www.compsourcemutual.com/resources/safety-library/cell-phone-use-while-driving-safety-talk/)
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| *December* | Bloodborne pathogens | 29 CFR 1910.1030 | * [Preventing sharps and needlestick injuries](https://www.compsourcemutual.com/resources/safety-library/preventing-sharps-and-needlestick-injuries/)
* [Handwashing safety talk](https://www.compsourcemutual.com/resources/safety-library/handwashing-safety-talk/)
* [Cleaning after an emergency](https://www.compsourcemutual.com/resources/safety-library/cleaning-after-an-emergency/)
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| Cuts/lacerations | Risk based | * [Bloodborne pathogens healthcare](https://www.compsourcemutual.com/resources/safety-library/bloodborne-pathogens-healthcare-safety-talk/)
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| This list is not comprehensive - additional OSHA standards may apply to your workplace. Be sure to review OSHA's general industry standards (29 CFR 1910) for other requirements. In addition, section 5(a)(1) of the Occupational Safety and Health Act, known as the General Duty Clause, requires employers to provide their employees with a workplace that is free of recognized hazards likely to cause death or serious physical harm. |