# A screen shot of a computer Description automatically generatedFalls from buses

One commonly overlooked hazard for a school bus driver is falling from the bus. This can happen while entering, exiting, checking various parts of the bus etc. There are certain rules to consider ensuring your safety when performing these tasks. Possibly the most important rule is the 3-point rule. That is when ascending and descending from a bus is making sure that you always have 3 points of contact.

*Other areas to keep in mind:*

When there are handles or rails provided use them; during your pre-trip inspection ensure that these are in good shape and secure

* Check all steps and ladders to ensure they are clean of debris or oil
* When inspecting the bus do so from the ground; avoid climbing onto the bus when at all possible
* Inspect your bus pre-trip for ice or wet steps and take time to clean/dry areas for safe entry; inspect steps again before exiting for any ice or water accumulation before stepping out
* Take care not to jump from the cab or use a piece of equipment as a step
* Proper footwear is key in slip and fall prevention; close toed shoes with a non-slip sole are recommended

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