**This document is a reference for monthly risk-based and OSHA required training topics to provide to your employees.**

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| *Month* | *Training topic* | *Reference* | *Training to include* | *Related resources* |
| *January* | Driving | Risk based | * Hazards related to truck overturn * Spotter safety | * [Spotters safety talk](https://www.compsourcemutual.com/knowledge-center/spotters-2/) * [Dump truck overturn safety talk](https://www.compsourcemutual.com/knowledge-center/dump-truck-overturn-safety-talk/) |
| *February* | Slips, trips, falls | Risk based | * Effective footwear for the job * Using appropriate housekeeping practices * Considering weather conditions that can cause hazardous terrain | * [Falls from trucks and trailers safety talk](https://www.compsourcemutual.com/knowledge-center/falls-from-trucks-and-trailers/) |
| *March* | Emergency action plan | 29 CFR 1910.38 | * Identifying a primary individual to monitor weather conditions and inform employees of potential hazards * Identifying a local storm shelter (with directions provided) in the event of anticipated hazardous weather | * [Emergency planning safety talk](https://www.compsourcemutual.com/knowledge-center/emergency-planning-safety-talk/) |
| *April* | Driving | Risk based | * Training to cover cell phone use as well as driving prepared | * [Cell phone use safety talk](https://www.compsourcemutual.com/knowledge-center/cell-phone-use-while-driving-safety-talk/) * [Driving prepared safety talk](https://www.compsourcemutual.com/knowledge-center/driving-prepared-safety-talk/) |
| *May* | Heavy equipment | Risk based | * Safety when working with heavy equipment | * [Earthmoving equipment safety talk](https://www.compsourcemutual.com/knowledge-center/earthmoving-equipment-safety-talk/) |
| *June* | Driving | Risk based | * Highway roadside safety and precautions when working around powerlines | * [Highway roadside safety talk](https://www.compsourcemutual.com/knowledge-center/highway-roadside-safety-talk/) * [Powerline hazards with dump trucks safety talk](https://www.compsourcemutual.com/knowledge-center/powerline-hazards-with-dumptrucks/) |
| *July* | Driving | Risk based | * Training to cover distracted driving as well as tire, wheel safety | * [Distracted driving safety talk](https://www.compsourcemutual.com/knowledge-center/distracted-driving-safety-talk/) * [Tire and wheel safety talk](https://www.compsourcemutual.com/knowledge-center/tire-and-wheel-safety-talk/) |
| *August* | Extreme temperatures | Risk based | * Include hazards and controls related to working in extreme heat conditions | * [Heat stress safety talk](https://www.compsourcemutual.com/knowledge-center/heat-stress-safety-talk-3/) |
| *September* | Driving | Risk based | * Safe driving in construction zones * Safety when working under truck beds and avoiding pinch points and crushing hazards | * [Safe navigation through construction zones](https://www.compsourcemutual.com/knowledge-center/safe-navigation-through-construction-zones/) * [Caught in safety tips for dump trucks safety talk](https://www.compsourcemutual.com/knowledge-center/caught-in-safety-talk/) |
| *October* | Ergonomics | 29 CFR 1910-10.2 | * Seat positioning * Maintaining comfort while driving * Post drive actions to take | * [Delivery and trucking ergonomics](https://www.compsourcemutual.com/knowledge-center/delivery-and-trucking-ergonomics-safety-talk/) |
| *November* | Driving | Risk based | * Training on safe lane merging and driving in severe weather | * [Safe lane merging safety talk](https://www.compsourcemutual.com/knowledge-center/safe-lane-merging-safety-talk/) * [Severe weather safety talk](https://www.compsourcemutual.com/knowledge-center/severe-weather-safety-talk-2/) |
| *December* | Personal protection equipment (PPE) | 29 CFR 1920.132 | * General and specific PPE utilized by employees during work tasks | * [Personal protective equipment safety talk](https://www.compsourcemutual.com/knowledge-center/personal-protective-equipment-safety-talk/) |
| This list is not comprehensive - additional OSHA standards may apply to your workplace. Be sure to review OSHA's general industry standards (29 CFR 1910) for other requirements. In addition, section 5(a)(1) of the Occupational Safety and Health Act, known as the General Duty Clause, requires employers to provide their employees with a workplace that is free of recognized hazards likely to cause death or serious physical harm. | | | | |