# A screen shot of a computer Description automatically generatedfall protection

The Occupational Safety and Health Administration (OSHA) requires workers to have a fall protection system when working at the height of six feet or more above a lower level, regardless of the pitch on a roof. Workers face fall hazards in various ways from working around the unguarded edge of a building, while standing on top of large industrial units to fall hazards related to working from lifts.

*Areas to consider:*

* Ensure the appropriate ladder is being used for the task; if the ladder is fixed or an interior roof access, ensure the condition is good and use a body harness with attached D- ring to ascend and descend where needed
* Do not travel to heights with tools in hand; pull tools up afterwards
* Parapet walls should be 39” or higher to be adequately used as fall protection
* Temporary railing can be used when there is no existing wall or parapet
* When work is performed on a flat roof there must be, at a minimum, a warning line 6 feet from the edge with a monitor
* A rope grab with a clamp anchor can be secured and used when working on a suspended unit and standing on a ladder
* When scaffolds are used, they should be erected, inspected and dismantled by a competent person
* Any time work is done from an aerial lift, the worker should be tied of with a fall arrest system

