**This document is a reference for monthly risk-based and OSHA required training topics to provide to your employees.**

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| *Month* | *Training topic* | *Reference* | *Related resources* |
| *January* | Lifting mechanics and client transfers | Risk based | * [Body mechanics video](https://safetysourceonline.com/video/home-health-care-body-mechanics-ss701/) * [Repositioning patients safety talk](https://www.compsourcemutual.com/?post_type=article&p=1156) |
| Ergonomics | 29 CFR 1910-10.2 |
| *February* | Hazard communication (GHS) | 29 CFR 1910.1200 | * [Chemical handling safety talk](https://www.compsourcemutual.com/knowledge-center/chemical-handling-safety-talk/) |
| *March* | Emergency evacuation planning | 29 CFR 1910.38 | * [Emergency preparedness and safe evacuation video](https://safetysourceonline.com/video/emergency-evacuation-procedures/) * [Emergency planning safety talk](https://www.compsourcemutual.com/knowledge-center/emergency-planning-safety-talk/) |
| *April* | Slips, trips and falls | Risk based | * [Common slip, trip and fall hazards safety talk](https://www.compsourcemutual.com/knowledge-center/common-slip-trip-and-fall-hazards-safety-talk/) |
| *May* | Workplace violence | Risk based | * [Workplace violence safety talk](https://www.compsourcemutual.com/knowledge-center/workplace-violence-healthcare/) |
| *June* | Bloodborne pathogens | 29 CFR 1910.1030 | * [Bloodborne pathogens video](https://safetysourceonline.com/video/bbp-know-the-risk-ss1027be/) * [Bloodborne pathogens safety talk](https://www.compsourcemutual.com/knowledge-center/bloodborne-pathogens-healthcare-safety-talk/) |
| Cuts and lacerations | Risk based | * [Needlestick prevention video](https://safetysourceonline.com/video/needlestick-prevention-14016a/) * [Preventing sharp and needlestick injuries safety talk](https://www.compsourcemutual.com/knowledge-center/preventing-sharps-and-needlestick-injuries/) |
| *July* | Lifting mechanics and client transfers | Risk based | * [Body mechanics video](https://safetysourceonline.com/video/home-health-care-body-mechanics-ss701/) * [Repositioning patients safety talk](https://www.compsourcemutual.com/?post_type=article&p=1156) |
| Ergonomics | 29 CFR 1910-10.2 |
| *August* | Personal protective equipment (PPE) | 29 CFR 1910.132 | * [Personal protective equipment safety talk](https://www.compsourcemutual.com/knowledge-center/personal-protective-equipment-healthcare/) |
| *September* | Driving safety | Risk based | * [Home Health Care – Safety Driving Video](https://compsource-mutual-training-library.safetysourceonline.com/video/home-health-care-choices-safe-driving-ss703e-24-min/) |
| *October* | Slips, trips and falls | Risk based | * [Preventing slips, trips, and falls video](https://safetysourceonline.com/video/preventing-slips-trips-falls-ss2222ae-14-mins/) * [Common slip trip and fall hazards safety talk](https://www.compsourcemutual.com/knowledge-center/common-slip-trip-and-fall-hazards-safety-talk-2/) |
| *November* | Workplace violence | Risk based | * [Workplace violence facts and prevention video](https://safetysourceonline.com/video/workplace-violence-facts-prevention-ss1081ie/) * [Workplace violence in healthcare safety talk](https://www.compsourcemutual.com/?post_type=article&p=1159) |
| *December* | Bloodborne pathogens | 29 CFR 1910.1030 | * [Bloodborne pathogens safety talk](https://www.compsourcemutual.com/knowledge-center/bloodborne-pathogens-healthcare-safety-talk/) |
| Cuts and lacerations | Risk based | * [Preventing sharp and needlestick injuries safety talk](https://www.compsourcemutual.com/knowledge-center/preventing-sharps-and-needlestick-injuries/) |